

Virtues to live by with accompanying Scripture texts – St Alban's



Virtue	Scripture link	What does this teach us?
Love of neighbour	Parable of the Good Samaritan, Luke 10:25-37	<i>The Parable of the Good Samaritan teaches us that loving our neighbour means showing kindness, care, and help to everyone, especially those who need it most.</i>
Thankfulness	Jesus with the 10 lepers, Luke 17: 11-19	<i>The story of the Ten Lepers teaches us that being thankful means remembering to say thank you to God for His gifts and kindness, just as the one leper returned to thank Jesus after he was healed.</i>
Trust	Jesus Calming the Storm, Mark 4:35-41	<i>The disciples learned that they could trust Jesus even when they were scared. We can trust Jesus too, knowing that He is always with us.</i>
Hope	Noah's Ark, Genesis 6-9.	<i>The story of Noah's Ark teaches us that hope means trusting God's promises and believing that better days are ahead, even when things seem difficult.</i>
Perseverance / Resilience	Parable of the Lost Sheep, Matthew 18:10-14 and Luke 15:3-7	<i>The Parable of the Lost Sheep teaches us that resilience and perseverance mean never giving up on someone who is lost or struggling, just as the shepherd kept searching until he found his sheep.</i>
Self-control	Jesus being tempted in the wilderness, Matthew 4:1-11.	<i>The story of Jesus in the wilderness teaches us that self-control means making good choices and doing what is right, even when it is difficult.</i>
Patience	Simeon and Anna, Luke 2:22-38.	<i>The story of Simeon and Anna teaches us that patience means trusting God and waiting faithfully for His promises, even when we have to wait a long time.</i>

Love / Charity	The Widow's Offering, Mark 12:41-44; Luke 21:1-4	<i>The story of the Widow's Offering teaches us that love and charity mean giving what we can with a kind and generous heart, even when it is not easy.</i>
Service	Jesus Washing the Disciples' Feet, John 13:1-17.	<i>This story is particularly powerful because it shows Jesus serving others even though He was their teacher, helping children understand that everyone can show service by helping others.</i>
Courage	David and Goliath, 1 Samuel 17.	<i>The story of David and Goliath teaches us that courage means trusting God and doing the right thing, even when we feel scared.</i>
Faith	The Annunciation, Luke 1:26-38	<i>The story of the Annunciation teaches us that faith means trusting God's plan and saying 'yes' to Him, even when we do not understand everything.</i>
Forgiveness	The Prodigal Son, Luke 15:11-32.	<i>The story of the Prodigal Son teaches us that forgiveness means welcoming people back with love and giving them another chance when they are sorry.</i>
Respect / Courtesy	Jesus Welcoming the Children, Mark 10:13-16.	<i>The story of Jesus welcoming the children teaches us that respect and courtesy mean treating everyone with kindness, listening to them, and making them feel valued.</i>
Wisdom	The Wise and Foolish Builders, Matthew 7:24-27	<i>The wise builder showed wisdom by making a good choice and building on strong foundations, just as we show wisdom when we follow Jesus and make good choices every day.</i>
Love of Learning	The boy Jesus in the Temple, Luke 2:41-52	<i>The story of Jesus in the Temple teaches us that love of learning means being curious, asking questions, and wanting to grow in understanding.</i>

Red = Virtue to Love by

Blue = Virtue to Learn by