



# St Albans Catholic Primary Academy Phonics Long Term Progression Plan

At St Albans Catholic Voluntary Academy, we follow the systematic, synthetic phonics programme *Sounds~Write™*.

In Reception, Year 1 and Year 2, the children access reading books known as 'decodable readers'. When read daily, they help to consolidate and maximise the children's understanding of the sounds they have learnt in school. Children work approximately two units behind the unit they are being taught in school. This ensures that children are reading confidently and fluently and supports reading for pleasure. In addition to this, children take home a reading for pleasure choice book every week, from our Key Stage library. This book is to share with an adult at home as either a shared reading experience or bedtime story. Listening to someone else read is just as important in children's learning.



RECEPTION				
Term	Sounds~Write Units	Specific phonemes and taught knowledge	Review Units	Book Unit
Advent 1	Initial Code Units 1-2	Unit 1: a, i, m, s, t Unit 2: n, o, p	N/A	Wordless Readers First Word Readers
Advent 2	Initial Code Units 3-5	Unit 3: b, c, g, h Unit 4: d, f, v, e Unit 5: k, l, r, u	Unit 1: a, i, m, s, t Unit 2: n, o, p Unit 3: b, c, g, h	Initial Code Units 1-3
Lent 1	Initial Code Units 6-8	Unit 6: j, w, z Unit 7: x, y, ff, ll, ss Unit 8 – CVCC words – sink, lamp, milk	Unit 4: d, f, v, e Unit 5: k, l, r, u Unit 6: j, w, z	Initial Code Units 4-6
Lent 2	Initial Code Units 9-10	Unit 9 – CCVC words – frog, crab, swim Unit 10 – CCVCC words – drink, frost, crust CCCVC words – strap, scrub,	Unit 7: x, y, ff, ll, ss Unit 8 – CVCC words	Initial Code Units 7-8
Pentecost 1	Initial Code Units 8-11	Unit 11 – Digraphs (two letter shapes, one sound); sh, ch, ng, th, wh	Unit 9 – CCVC words Unit 10 – CCVCC, CCCVC Unit 11: sh, ch	Initial Code Units 9-10

Pentecost 2	Initial Code Unit 11 Bridging Lesson	Unit 11 – Digraphs, /q/ <k> <w>  Bridging Lessons	Unit 11 • ng • th • wh • /q/ <k> <w>	Initial Code Unit 11
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YEAR 1					
Term	Sounds~Write Units	Specific phonemes and taught knowledge	Review Units	Polysyllabic Words	Book Unit
Advent 1	Initial Code Unit 11  Bridging Lesson  Extended Code Units 1-3	<ul style="list-style-type: none"> <li>• Unit 11 – Digraphs sh, ch, ng, th, wh, /q/ &lt;k&gt; &lt;w&gt;</li> <li>• Bridging lesson</li> <li>○ Unit 1: Sound /ae/ first spellings ai, ea, ay, ay</li> <li>○ Unit 2: Sound /ee/ first spellings ee, e, y, ea</li> <li>○ *Unit 3: Spelling &lt;ea&gt; ae &amp; ee</li> </ul>	IC Unit 11 Bridging lesson	Introduction to polysyllabic words.	Initial Code Unit 11
Advent 2	Extended Code Units 4-7	<ul style="list-style-type: none"> <li>○ Unit 4: Sound /oe/ first spellings o, oa, ow, oe, o-e</li> <li>○ *Unit 5: Spelling &lt;o&gt; oe and o</li> <li>○ Unit 6: Sound /er/ first spellings er, ir, or, ur</li> <li>○ Unit 7: Sound /e/ e, ea, ai</li> </ul>	Unit 1: /ae/ Unit 2: /ee/ & *Unit 3 <ea> Unit 4: /oe/ & *Unit 5 <o>	<ul style="list-style-type: none"> <li>○ Initial Code 2 syllables</li> <li>○ Initial Code 3 syllables</li> <li>○ Ex Code /ae/ 2 syllables</li> </ul>	Extended Code Units 1-3
Lent 1	Extended Code Units 8-11 plus Unit 23	<ul style="list-style-type: none"> <li>○ Unit 8: Sound /ow/ ou, ow</li> <li>○ *Unit 9: Spelling &lt;ow&gt; oe &amp; ow</li> <li>○ Unit 10: Sound /oo/ (as in moon) oo, ew, ue, u-e, o</li> <li>○ Unit 11: Sound /ie/ i, ie, y, i-e, igh</li> <li>○ Unit 23: Sound /oy/ oi, oy</li> </ul>	Unit 6: /er/ Unit 7: /e/ Unit 8: /ow/ & *Unit 9: <ow>	<ul style="list-style-type: none"> <li>○ Ex Code /ae/ 3 syllables</li> <li>○ Ex Code /ee/ 2 syllables</li> <li>○ Ex Code /ee/ 3 syllables</li> <li>○ Ex Code /oe/ 2 syllables</li> </ul>	Extended Code Units 4-7
Lent 2	Extended Code	<ul style="list-style-type: none"> <li>○ Unit 12: Sound /oo/ (as in book) oo, u, oul</li> </ul>	Unit 10: /oo/	<ul style="list-style-type: none"> <li>○ Ex Code /oe/</li> </ul>	Extended Code

	Units 12-15	<ul style="list-style-type: none"> <li>○ <b>*Unit 13: Spelling &lt;oo&gt;</b> m/oo/n &amp; b/oo/k</li> <li>○ <b>Unit 14:</b> Sound /u/ u, ou, o</li> <li>○ <b>*Unit 15: Spelling &lt;ou&gt;</b> /ow/ /u/ m/oo/n</li> </ul>	<b>Unit 11:</b> /iel/	<ul style="list-style-type: none"> <li>○ 3 syllables</li> <li>○ Ex Code /er/</li> <li>○ 2 syllables</li> </ul>	Units 8-11
<b>Pentecost 1</b>	Extended Code Units 19, 20, 24	<ul style="list-style-type: none"> <li>○ <b>Unit 19:</b> Sound /or/ first spellings or, aw, a, ar, au, al</li> <li>○ <b>Unit 20:</b> Sound /air/ air, ear, are, ere, eir, ayer, ayor</li> <li>○ <b>Unit 24:</b> Sound /ar/ ar, a, al, au</li> <li>○ <b>Stand-alone lesson on /f/ &lt;ph&gt;</b></li> </ul>	<b>Unit 12:</b> /oo/ & <b>*Unit 13:</b> <oo> <b>Unit 14:</b> /u/ & <b>Unit 15:</b> <ou> <b>Unit 23:</b> /oy/	<ul style="list-style-type: none"> <li>○ Ex Code /er/</li> <li>○ 3 syllables</li> <li>○ Ex Code /e/</li> <li>○ 2 syllables</li> <li>○ Ex Code /e/</li> <li>○ 3 syllables</li> </ul>	Extended Code Units 12-15
<b>Pentecost 2</b>	Extended Code Units 16-18 plus Units 21-22	<ul style="list-style-type: none"> <li>○ <b>Unit 16:</b> Sound /s/ s, ss, st, c, ce, se, sc</li> <li>○ <b>*Unit 17: Spelling &lt;s&gt;</b> /s/ /z/</li> <li>○ <b>Unit 18:</b> Sound /l/ l, ll, al, el, il, le, ol</li> <li>○ <b>Unit 21:</b> Sound /ue/ ue, ew, u, u_e</li> <li>○ <b>*Unit 22: Spelling &lt;ew&gt;</b> &amp; /ue/</li> </ul>	<b>Unit 19:</b> /or/ <b>Unit 20:</b> /air/ <b>Unit 24:</b> /ar/	<ul style="list-style-type: none"> <li>○ Ex Code /ow/</li> <li>○ 2 syllables</li> <li>○ Ex Code /ow/</li> <li>○ 3 syllables</li> <li>○ Ex Code m/oo/n</li> <li>○ 2 syllables</li> <li>○ Ex Code m/oo/n</li> <li>○ 3 syllables</li> </ul>	Extended Code Units 16-24

YEAR 2					
Term	Sounds~Write Units	Specific phonemes and taught knowledge	Review Units	Polysyllabic Words	Book Unit
<b>Advent 1</b>	Extended Code Units 25 - 28	<ul style="list-style-type: none"> <li>○ <b>Unit 25:</b> Sound /o/ o, a</li> <li>○ <b>*Unit 26: Spelling &lt;a&gt;</b> /a/ /o/ /ae/ /ar/</li> <li>○ <b>Unit 27:</b> Sound /ae/ more spellings ai, ay, ea, a-e, a, ei, ey, eigh</li> <li>○ <b>Unit 28:</b> Sound /d/ d, dd, ed</li> </ul>	<b>Unit 16:</b> /s/ & <b>*Unit 17 &lt;s&gt;</b> <b>Unit 18:</b> /l/ <b>Unit 21:</b> /ue/ & <b>*Unit 22 &lt;ew&gt;</b>	<ul style="list-style-type: none"> <li>○ Ex Code /ie/</li> <li>○ 2 syllables</li> <li>○ Ex Code /ie/</li> <li>○ 3 syllables</li> <li>○ Ex Code b/oo/k</li> <li>○ 2 syllables</li> </ul>	Extended Code Units 16-24
<b>Advent 2</b>	Extended Code Units 29 - 32	<ul style="list-style-type: none"> <li>○ <b>Unit 29:</b> Sound /ee/ more spellings e, ee, ea, y, ey, ie, i</li> <li>○ <b>Unit 30:</b> Sound /i/ i, ui, y</li> <li>○ <b>*Unit 31: Spelling &lt;y&gt;</b></li> </ul>	<b>Unit 25:</b> Sound /o/ <b>*Unit 26:</b> <a> <b>Unit 27:</b> /ae/	<ul style="list-style-type: none"> <li>○ Ex Code b/oo/k</li> <li>○ 3 syllables</li> <li>○ Ex Code /u/</li> <li>○ 2 syllables</li> </ul>	Extended Code Units 24-49

		<ul style="list-style-type: none"> <li>/y/ /i/ /ie/ /ee/</li> <li>○ <b>Unit 32:</b> Sound /oe/ more spellings oe, o-e, ow, oa, ou, ough, o</li> </ul>		<ul style="list-style-type: none"> <li>○ Ex Code /u/ 3 syllables</li> </ul>	
Lent 1	Extended Code Units 33 - 35	<ul style="list-style-type: none"> <li>○ <b>Unit 33:</b> Sound /n/ n, nn, ne, gn, kn</li> <li>○ <b>Unit 34:</b> Sound /er/ more spellings ar, er, ir, or, ur, ear, our</li> <li>○ <b>Unit 35:</b> Sound /v/ v, vv, ve</li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 28:</b> /d/</li> <li><b>Unit 29:</b> /ee/</li> <li><b>Unit 30:</b> /i/ &amp; <b>*Unit 31:</b> &lt;y&gt;</li> </ul>	<ul style="list-style-type: none"> <li>○ Ex Code 16 /s/</li> <li>○ Ex Code 18 /l/</li> <li>○ Ex Code 19,43 /or/ 2 syllables</li> </ul>	Free Reader School Colour-coded books <ul style="list-style-type: none"> <li>● Orange</li> <li>● Turquoise</li> <li>● Purple</li> <li>● Gold</li> <li>● White</li> <li>● Lime</li> <li>● Brown</li> </ul>
Lent 2	Extended Code Units 36	<ul style="list-style-type: none"> <li>○ <b>Unit 36:</b> Sound m/oo/n more spellings oo, ew, u, ue, u-e, ui, ou, ough</li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 32:</b> /oe/</li> <li><b>Unit 33:</b> /n/</li> </ul>	<ul style="list-style-type: none"> <li>○ Ex Code 19,43 /or/ 3 syllables</li> <li>○ Ex Code 19,43 /or/ <b>additional</b></li> </ul>	
Pentecost 1	Extended Code Units 37 - 41	<ul style="list-style-type: none"> <li>○ <b>Unit 37:</b> Sound /j/ j, g, ge, dge</li> <li>○ <b>Unit 38:</b> Sound /g/ g, gg, gh, gu</li> <li>○ <b>*Unit 39:</b> Spelling &lt;g&gt; /j/ /g/</li> <li>○ <b>Unit 40:</b> Sound /f/ f, ff, gh, ph</li> <li>○ <b>*Unit 41:</b> Spelling &lt;gh&gt; /f/ /g/</li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 34:</b> /er/</li> <li><b>Unit 35:</b> /v/</li> <li><b>Unit 36:</b> m/oo/n</li> </ul>	<ul style="list-style-type: none"> <li>○ Ex Code 20 /air/</li> <li>○ Ex Code 21 /ue/</li> <li>○ Ex Code 23 /oy/</li> </ul>	
Pentecost 2	Extended Code Units 42 - 44	<ul style="list-style-type: none"> <li>○ <b>Unit 42:</b> Sound /m/ m, mm, mb, mn</li> <li>○ <b>Unit 43:</b> Sound /or/ more spellings oar, ore, our, augh, ough</li> <li>○ <b>Unit 44:</b> Sound /h/ h, wh</li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 37:</b> Sound /j/</li> <li><b>Unit 38:</b> Sound /g/ &amp; <b>*Unit 39:</b> &lt;g&gt;</li> <li><b>Unit 40:</b> Sound /f/ &amp; <b>*Unit 41:</b> &lt;gh&gt;</li> </ul>	<ul style="list-style-type: none"> <li>○ Ex Code 24 /ar/</li> <li>○ Ex Code 25 /ol/</li> <li>○ <i>Select own choice</i></li> </ul>	
7 weeks 2 days					

YEAR 3					
Term	Sounds~Write Units	Specific phonemes and taught knowledge	Review Units	Polysyllabic Words	SPaG Focus Spelling Shed Units
Advent 1	Extended Code Units 42 - 44	<ul style="list-style-type: none"> <li>○ <b>Unit 42:</b> Sound /m/ m, mm, mb, mn</li> <li>○ <b>Unit 43:</b> Sound /or/ more spellings oar, ore, our, augh, ough</li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 37:</b> Sound /j/</li> <li><b>Unit 38:</b> Sound /g/ &amp; <b>*Unit 39:</b> &lt;g&gt;</li> </ul>	4-syllable words list	<ul style="list-style-type: none"> <li>● <b>Step 4</b> – Words ending ‘-sure’</li> <li>● <b>Step 5</b> – Words ending ‘-ture’</li> <li>● <b>Step 6</b> – Challenge Words</li> </ul>

		<ul style="list-style-type: none"> <li>○ <b>Unit 44:</b> Sound /h/ h, wh</li> </ul>	<b>Unit 40:</b> Sound /f/ & <b>*Unit 41:</b> <gh>		
<b>Advent 2</b>	Extended Code Units 45 - 47	<ul style="list-style-type: none"> <li>○ <b>Unit 45:</b> Sound /k/ c, k, ck, ch, cc</li> <li>○ <b>Unit 46:</b> Sound /r/ r, rr, rh, wr</li> <li>○ <b>Unit 47:</b> Sound /t/ t, tt, bt, te</li> </ul>	<b>Unit 42:</b> /m/ <b>Unit 43:</b> /or/ <b>Unit 44:</b> /h/	4-syllable words list	<ul style="list-style-type: none"> <li>• <b>Step 7</b> – Words with the prefix ‘re-’</li> <li>• <b>Step 8</b> – Words with the prefix ‘dis-’</li> <li>• <b>Step 9</b> – Words with the prefix ‘mis-’</li> <li>• <b>Step 10</b> – Words where ‘-ing’, ‘-er’ and ‘-ed’ are added to multisyllabic words</li> <li>• <b>Step 11</b> – Words where ‘-ing’, ‘-en’ and ‘-ed’ are added to multisyllabic words</li> </ul>
<b>Lent 1</b>	Extended Code Units 48 - 50	<ul style="list-style-type: none"> <li>○ <b>Unit 48:</b> Sound /z/</li> <li>○ <b>Unit 49:</b> Sound /eer/</li> <li>○ <b>Unit 50:</b> Sound schwa /ə/</li> </ul>	<b>Unit 45:</b> Sound /k/ <b>Unit 46:</b> Sound /r/ <b>Unit 47:</b> Sound /t/	5 and 6-syllable words list	<ul style="list-style-type: none"> <li>• <b>Step 12</b> – Challenge Words</li> <li>• <b>Step 16</b> – Words with the suffix ‘-ly’</li> <li>• <b>Step 17</b> – Words that are homophones</li> <li>• <b>Step 18</b> – Challenge Words</li> <li>• <b>Step 19</b> – Words ending with ‘-al’</li> <li>• <b>Step 20</b> – Words ending with ‘-le’</li> </ul>
<b>Lent 2</b>		<b>No new code knowledge</b>	<b>Unit 48:</b> Sound /z/ <b>Unit 49:</b> Sound /eer/ <b>Unit 50:</b> Sound schwa /ə/	5 and 6-syllable words list	<ul style="list-style-type: none"> <li>• <b>Step 21</b> – Words ending in ‘-ly’ where the base word ends in ‘-le’</li> <li>• <b>Step 22</b> – Words ending in ‘-ly’ where the base word ends in ‘-ic’</li> <li>• <b>Step 23</b> – Words ending with ‘-ly’ exceptions</li> <li>• <b>Step 24</b> – Challenge Words</li> </ul>
<b>Pentecost</b>	<b>Continue with Spelling Shed Units 25 – 36</b> <b>Revisit phonics sounds as required.</b>				