

Ref: Sun Safe School Accreditation

Date: 05/06/23

Dear families,

We are pleased to inform you that St Alban's Catholic Voluntary Academy are renewing our annual Sun Safe Schools accreditation, which demonstrates our commitment to maintaining the health and wellbeing of your children during school hours.

Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue. Children spend almost half their childhood at school, with a great deal of time spent outdoors. During the warmer months of the year children are exposed to Ultraviolet Radiation (UVR) from the sun, the majority of which is when penetration is strongest (between I Iam and 3pm). Without adequate protection, a child's delicate skin can easily burn, this can cause cumulative and irreparable damage that can significantly increase their risk of developing skin cancer in later life.

Parental support will play a vital role in our efforts to implement effective control measures, particularly with the provision of suitable sunscreen and sun hats.

In-line with our Sun Protection Policy we ask that parents ensure their child(ren) are <u>equipped with a</u> <u>suitable sun hat and sunscreen that are clearly labelled</u> and brought to, or kept at school from June through to the end of September for use/application when required. Sun hats should be either broad-brimmed (bucket style) or legionnaire to shade the face, neck, ears and cheeks. We have a small number of school blue legionnaire style sun hats can be purchased from the school office at a price of £2.99. We recommend that sunscreens have a minimum Sun Protection Factor (SPF) 30 and with a 4 or 5 star UVA rating.

Children are expected to come to school with sun cream already applied (when UV levels are medium or above). Where sun cream needs to be reapplied during the school day, staff will assist younger or less abled pupils to do this. Older children will be supervised as necessary.

Our school will provide spare sun hats and a quality sunscreen in the event your child does not have access to their own. We recommend parents patch test this sunscreen on their child, which is available upon request.







As we work toward our Sun Safe Schools Accreditation, all children will learn about safe and unsafe exposure to the sun and how to reduce the risk of sun damage, including skin cancer.

Please take the time to read through our Sun Protection Policy.

Thank you for your valued support.

With best wishes,

Mr T Brogan

Headteacher



